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PRESS RELEASE

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## The Bluffs for Short-Term Rehabilitation at Peconic Landing Named 'Best Nursing Home' by U.S. News & World Report

GREENPORT, N.Y., November 29, 2022 — The Bluffs for Short-Term Rehabilitation at Peconic Landing has been named one of the "Best Nursing Homes" for the 2022-2023 year by U.S. News & World Report, the global authority in health care rankings. The Bluffs is among the top 16% of skilled nursing centers in the nation that have been recognized in this cycle.

To qualify as a "Best Nursing Home," care centers must have received the highest possible rating of High Performing, according to the U.S. News methodology report. Ratings reflect the publication's exclusive analysis of care, safety, health inspections, staffing, and quality outcome measures, using data primarily obtained from the Center for Medicare and Medicaid Services (CMS).

"This national recognition is a true testament to the dedication of our team members who provide person-centered, compassionate care day in and day out," said Robert J. Syron, President and CEO of Peconic Landing. "It is an incredible honor to have our nursing and rehabilitation team in The Bluffs recognized for the sixth year in a row by this leading publication."

For 2022-2023, U.S. News rated more than 15,000 nursing homes. The Short-Term Care Rating incorporates measures of quality including consistency of registered nurse staffing, use of antipsychotic drugs, and success in preventing falls.

"Choosing the right nursing home based on care needs and comfort is a critical decision for prospective residents and their families," said Zach Adams, health data engineer at U.S. News. "The Best Nursing Homes ratings highlight nursing homes that excel in short-term rehabilitation and long-term care needs."

Compared to state and national averages, The Bluffs at Peconic Landing had higher levels of nurse and physical therapist staffing, more minutes spent in therapy, and a higher percentage of residents who were able to return home after being discharged. The neighborhood also had lower percentage rates in the number of falls with major injuries, infections resulting in hospitalization, and the use of antipsychotic drugs. "I commend and thank each and every team member in The Bluffs for their proven commitment to quality care," said Gregory Garrett, Chief Operating Officer and Administrator of Health Services at Peconic Landing. "Our incredible team is the reason that we have been able to achieve and maintain this recognition and successfully carry out Peconic Landing's mission."

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Peconic Landing is a nationally recognized, equity-based Continuing Care Retirement Community overlooking the breathtaking Long Island Sound. Located on the North Fork on a half-mile of private Sound Beach, the organization works on a mission of being the retirement community of choice for individuals age 62 and better by encouraging our members to enjoy a vibrant lifestyle and presenting ample opportunity for members to pursue their interests and passions to the fullest.

For more information on Peconic Landing, please visit www.peconiclanding.org.